

The CMS Medicare-Medicaid Coordination Office (MMCO) is pleased to announce the following training opportunity:

Webinar: Falls Prevention for Older Adults

Date/Time: Wednesday, February 13, 12:00-1:30 EST

Registration Link:

https://www.resourcesforintegratedcare.com/GeriatricCompetentCare/2019_GCC_Webinar/Falls_Prevention_for_Older_Adults

Falls and their related complications are a major threat to independent living and are the leading cause of both fatal and non-fatal injuries among adults over 65, particularly a high number of brain injuries.^{1,2} Falls are the number one cause of hospital admissions for injuries in older adults, and are responsible for increased use of medical services.³

Each year, up to a third of adults over the age of 65 who live at home experience a fall, and almost two-thirds of older adults who suffer a fall within the past year will fall again.⁴ Older adults with chronic conditions are at higher risk of falls,⁵ making older adults dually eligible for Medicare and Medicaid particularly vulnerable.^{6,7}

Falling is not an inevitable part of aging. This webinar will provide an overview of the importance of falls assessment and falls prevention for older adults and their caregivers and offer concrete interventions and strategies for providers to improve mobility and prevent falls.

By the end of this webinar, participants should be able to:

1. Recognize the public health impact of falls and injuries in older adults
2. Identify health-related factors and environmental factors that can lead to increased risk of falls or injury
3. List interventions that may help to reduce falls among dually eligible older adults
4. Describe how to leverage person-centered care plans to reduce the risk of falls

Featured Speakers:

1. David Reuben, M.D., Chief of Geriatrics, University of California, Los Angeles
2. Nancy Lathan, PhD, PT, Brigham and Women's Hospital
3. Priscilla Gazarian, PhD, CNS, RN, Brigham and Women's Hospital
4. Sachin Jain, MD, MBA, Chief Executive Officer, CareMore Health

¹ Barton, A. (2009). Patient safety and quality: An evidence-based handbook for nurses. *Aorn Journal*, 90(4), 601-602.

² Aging & Health A to Z. (n.d.). Retrieved from <https://www.healthinaging.org/aging-and-health-a-to-z/topic/falls/>

³ Ibid.

⁴ Barton, A. (2009). Patient safety and quality: An evidence-based handbook for nurses. *Aorn Journal*, 90(4), 601-602.

⁵ Centers for Disease Control and Prevention National Center for Injury Prevention and Control. (2017). Fact sheet risk factors for falls. Retrieved from <https://www.cdc.gov/steady/pdf/STEADI-FactSheet-RiskFactors-508.pdf>

⁶ 49 percent of older adults dually eligible for Medicare and Medicaid have four or more chronic conditions.

⁷ Centers for Medicare & Medicaid Services. (2014). Physical and mental health condition prevalence and comorbidity among fee-for-service medicare-medicaid enrollees. Retrieved from https://www.cms.gov/Medicare-Medicaid-Coordination/Medicare-and-Medicaid-Coordination/Medicare-Medicaid-Coordination-Office/Downloads/Dual_Condition_Prevalence_Comorbidty_2014.pdf

5. Chelsea Gilchrist, MGS, National Council on Aging

Intended Audience:

This webinar is intended for providers, health care professionals and front-line staff of Medicare Advantage plans, Medicare-Medicaid Plans, Dual Eligible Special Needs Plans (D-SNPs), and PACE Organizations, as well as other stakeholders interested in learning more about falls prevention.

CME/CE credit information:

Accreditation

- The Centers for Medicare & Medicaid Services (CMS) is accredited by the International Association for Continuing Education and Training (IACET) to offer continuing education (CE) credit.
- The American Geriatrics Society is accredited the National Association of Social Workers (NASW) to provide continuing education for social workers and by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Continuing Medical Education

- **The American Geriatrics Society (AGS)** – AGS is evaluating this activity for AMA PRA Category 1 Credit(s)[™]. The number of credits awarded will be calculated based on the actual learning time. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Continuing Education Credit

- **National Association of Social Workers** – This program is pending approval by the National Association of Social Workers for one continuing education contact hour.
- **The Centers for Medicare & Medicaid Services (CMS)** – CMS is evaluating this activity for CE credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CE information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.

The following states do not accept National CE Approval Programs for Social Work: New York, Michigan, and West Virginia.

The following states currently do not recognize NASW National Approval: New Jersey, Idaho, and Oregon.

Individuals are strongly encouraged to check with their specific regulatory boards or other agencies to confirm that courses taken from these accrediting bodies will be accepted by that entity.

PLEASE NOTE:

- Webinar participants seeking CME/CE credit should only claim credit commensurate with the extent of their participation in the activity.

- A score of at least 80% on the post-test must be achieved in order to obtain CEUs via the NASW or CMS credit options. A score of at least 70% must be achieved in order to obtain CME credits via the AGS credit option.
- Estimated time to participate in the webinar: 1.5 hours including introductory information and interactive Q&A.
- Participants will be led through the following requirements after signing into and participating in the webinar:
 - Read the learning objectives and faculty disclosures
 - Complete the pre-test
 - Participate in the webinar
 - Complete the post-test and program evaluation form

Registration Information:

After clicking the registration link hosted on <https://www.resourcesforintegratedcare.com/> and completing the registration form, you will receive an email from do_not_reply@on24event.com containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email us at RIC@lewin.com to request dial-in information.

Resources for Integrated Care (RIC) develops and disseminates technical assistance and actionable tools for providers of beneficiaries dually eligible for Medicare and Medicaid based on successful innovations and care models. The RIC website features additional resources and tools for providers and health plans, available at <https://www.resourcesforintegratedcare.com>. RIC is supported by the CMS Medicare-Medicaid Coordination Office.

Please contact RIC@lewin.com or Gretchen.nye1@cms.hhs.gov with any questions.